

**The North American Society of Adlerian Psychology Announces:
Mapping Memories, Creating Understanding, Seeking Solutions**

Presented by Wes Wingett, Ph.D. LMHP

Saturday, September 22, 2018 9 AM to 3:30 PM

Risen Lord Education Center, 3250 California Ave. Pittsburgh 15212

This 6-hour didactic & experiential workshop focuses on understanding the development of Lifestyle through the creation of a childhood memory map. The childhood memory map will focus on family, friends, neighborhood, and school. Lifestyle conclusions will be developed based on personal perceptions of the components of the memory map. Lifestyle conclusions will also be utilized in seeking solutions to current challenges.

The workshop highlights the theory of Alfred Adler and will emphasize empathy, encouragement, equality, ethics, and education as theoretical and practical. The workshop is open to psychologists, counselors, social workers, teachers, parents, and anyone interested in learning more about the concepts and application of Alfred Adler's Individual Psychology.

Objectives for the Workshop - Participants will learn:

1. the basic tenets of Adlerian psychology;
2. how to create a childhood memory map;
3. to identify life lessons learned in childhood as a source of strength & socially useful strategies;
4. to identify a current challenge and utilize personal strengths and resources to move toward a solution;
5. to utilize the childhood memory map in therapeutic settings with individuals, couples, children, adolescents, and families.

Outline for the Day:

9 am – noon: review of the basic tenets of Adlerian psychology; create childhood memory map; identify life lessons learned in childhood as source of strength & socially useful strategies;

12 pm -12:30 pm: Lunch

12:30 pm - 3:30 pm identify a current challenge and utilize personal strengths and resources to move toward a solution; utilize the childhood memory map in therapeutic settings with individuals, couples, children, adolescents, and families.

Presenter: Wes Wingett, Ph.D., LMHP, has been a counselor in private practice in Norfolk, NE since 1978. Dr. Wingett's private practice focuses on providing individual, couple, and family counseling; consultation to educational institutions and business enterprises; and presenting Adlerian training in variety of venues. His primary interests include applying Adlerian principles to the study of addictions, education, multigenerational families, aging & long-term care solutions, individual and couple counseling, loss and healing, domestic violence, drug & alcohol prevention and treatment, and time & stress management. Wes has coauthored articles published in professional journals, coauthored chapters in books, self-published four workbooks focusing on the application of Adlerian psychology to various challenges of living, and co-authored four workbooks on family structure, family strengths, family stressors, and family social interest.

About the Local Society: The Western Pennsylvania Society for Adlerian Psychology promotes the educational theories and practical techniques of Dr. Alfred Adler, a leading theorist in the field of mental health and the founder of child guidance centers. His theory of Individual Psychology promotes a holistic approach for each individual and is based on a model of growth. His teachings are applicable to parent/child relationships and counseling for individuals and families. We are pleased to host this NASAP workshop.

Continuing Education Credits: Please see the registration form (reverse side of this info) for CE info.

Cancellation Policy: Should the event have to be cancelled WPSAP will send out emails to all in the WPSAP address book. If you are not on that list, please check with Kerry Kennelly (412 716 2078) the morning of the event. To insure an email contact, please send your email address to pawaltond@verizon.net. Special needs requests should be directed to Kerry Kennelly at 412 716 2078.

Visit our Web site at: www.alfredadler.org and our local affiliate at: <http://www.wpsap.org>.

Workshop Registration Saturday, September 22, 2018

Mapping Memories, Creating Understanding, Seeking Solutions

Presented by Wes Wingett, PhD, LMHP

Registration 8:30 AM; Workshop starts at 9 AM to 3:30 PM

Risen Lord Education Center, 3250 California Ave. Pittsburgh, PA 15212
Lots of parking on the street; handicap accessible

Prior Registration is requested; you can register at the door at 8:30 AM for an added \$25.

Name (print) _____

Agency _____

Address _____

City & Zip _____

Phone _____/email _____

Please circle your rate and note the amount enclosed: _____

PRE-REGISTRATION PRICES: \$100 post-marked by 9/12/18

REGISTER AT THE DOOR: \$125

Add \$5 for Lunch (Salad, Pizza, Beverage)

Registrations, postmarked by September 12, 2018: Make checks payable to: WPSAP and return registration form to: WPSAP c/o Donalies 255 Catalpa Place Pittsburgh, PA 15228

Cancellation Policy: Should the event have to be cancelled WPSAP will send out emails to all in the WPSAP address book. If you are not on that list, please check with Kerry Kennelly (412 716 2078) the morning of the event. To insure an email contact, please send your email address to pawaltond@verizon.net. Special needs requests should be directed to Kerry Kennelly.

Continuing Education Information: 6.0 hours CEs NBCC - NASW - ACT 48

"The North American Society of Adlerian Psychology (NASAP) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5263. Programs that do not qualify for NBCC credit are clearly identified. NASAP is solely responsible for all aspects of the programs."



WPSAP is approved to sponsor continuing education for ACT 48 for educators in the state of Pennsylvania.

Visit our Websites: www.alfredadler.org and www.WPSAP.org
Like us on Facebook at Western Pennsylvania Society of Adlerian Psychology